



# Self-Discipline: Habits and Exercises to Develop Discipline and a Willpower That Will Make You More Successful (Paperback)

By Harvey Segler

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Echo Library, United States, 2008. Paperback. Book Condition: New. Illustrated. 203 x 127 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator. She was born in...