



Break Up and Don t Make Up - How to End a Relationship Easily and Make Friends: The Best Way to Handle Break Up (Paperback)

By Karen Mathews

Speedy Publishing LLC, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.When two people share intimate moments, emotions and thoughts with each other, a unique bond takes place. Psychologists call this a soul connection. This is a simple way of saying that the ways in which people bond go beyond the physical and anecdotal. If a relationship takes a mutually unfavorable turn, it is sometimes necessary to sever all connections in order for each partner to move on. This has nothing to do with horrible fall-outs, or dramatic tit-for-tats. If a relationship goes awry and is beyond mending, the best course of action is to completely break all bonds. This process can be absolutely amiable and beneficial. Each estranged partner should make every effort to change daily patterns and behaviors reminding them of the past. This isn t an easy transition, but it is absolutely achievable. The dissolving of one relationship and lifestyle should initiate the openness to another. Try to seal shut all avenues of the past as a new partnership is nurtured. Interference from elements of a past relationship will add nothing but heartache and...



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